

EQUAÇÕES TRIGONOMÉTRICAS

São equações em que a variável está ligada a algum valor trigonométrico.

Ex: Resolver cada equação:

$$(a) \quad \text{sen } x + \cos^2 x = 1.$$

Solução:

$$\text{sen } x + \cancel{1 - \text{sen}^2 x} = \cancel{1}$$

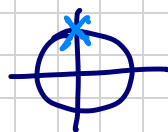
$$\text{sen } x - \text{sen}^2 x = 0$$

$$\text{sen } x \cdot (1 - \text{sen } x) = 0$$

$$\begin{cases} \text{sen } x = 0 \\ 1 - \text{sen } x = 0 \end{cases}$$

$$\bullet \text{sen } x = 0 \Leftrightarrow x = k\pi, \quad k \in \mathbb{Z}.$$

$$\bullet 1 - \text{sen } x = 0 \Leftrightarrow \text{sen } x = 1$$

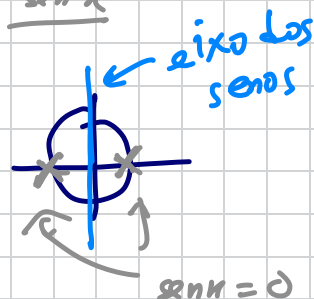


$$\text{sen}^2 x + \cos^2 x = 1.$$

$$\cos^2 x = 1 - \text{sen}^2 x$$

é interessante

fazer esta mudança pois a eq. ficará apenas na variável sen x



$$\Leftrightarrow x = \frac{\pi}{2} + 2k\pi, k \in \mathbb{Z}.$$

Solução.

$$S = \left\{ k\pi \text{ ou } \frac{\pi}{2} + 2k\pi, \forall k \in \mathbb{Z} \right\}.$$

Uma verificação: $x = \frac{\pi}{2}$ é uma solução. De fato; no problema original, tem-se:

$$\sin x + \cos^2 x = 1. \quad (x = \frac{\pi}{2})$$

$$\underbrace{\sin \frac{\pi}{2}}_{=1} + \underbrace{\cos^2 \frac{\pi}{2}}_{(0)^2} = 1 + 0^2 = 1 + 0 = 1.$$

ok!

$$(b) 2 \tan x - \cos x = 0.$$

Solução: $2 \tan x - \cos x = 0 \Leftrightarrow 2 \tan x = \cos x$

$$\Leftrightarrow 2 \cdot \frac{\sin x}{\cos x} = \cos x$$

($\times \cos x$)

$$\Leftrightarrow 2 \sin x = \cos^2 x$$

$$\Leftrightarrow 2 \sin x = 1 - \sin^2 x$$

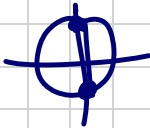
$\sin^2 x + \cos^2 x = 1$
 $\rightarrow \cos^2 x = 1 - \sin^2 x$

$$\Leftrightarrow \sin^2 x + 2 \sin x - 1 = 0$$

$$\operatorname{sen} x = \frac{-2 \pm \sqrt{4+4}}{2}$$

$$\operatorname{sen} x = \frac{-2 \pm \sqrt{8}}{2} = \frac{-2 \pm 2\sqrt{2}}{2}$$

$$\operatorname{sen} x = -1 \pm \sqrt{2} \quad \begin{array}{l} \rightarrow \operatorname{sen} x = \frac{-1 + \sqrt{2}}{1} \\ \rightarrow \operatorname{sen} x = \frac{-1 - \sqrt{2}}{1} \end{array}$$



DEIXAREMOS ASSIM, POIS
NÃO CONHECEMOS ARCO x
TAL QUE $\operatorname{sen} x = -1 + \sqrt{2}$

EXERCÍCIOS:

1. Resolva as equações abaixo:

(a) $2 - 2 \cos x = \operatorname{sen} x \cdot \tan x$

(b) $2 \operatorname{sen}^2 x + 6 \cos x = 5 + \cos 2x$

(c) $(1 - \tan x)(1 + \operatorname{sen} 2x) = 1 + \tan x$

(d) $\cos 2x - 3 \operatorname{sen} x + 1 = 0$

(e) $\operatorname{sen} x + \cos x = -1$

(f) $\sqrt{3} \operatorname{sen} x - \cos x = -\sqrt{3}$

(g) $\cos x + \sqrt{3} \operatorname{sen} x = 1$

(h) $\operatorname{sen} 7x + \operatorname{sen} 5x = 0$

(i) $\cos 3x + \operatorname{sen} 2x = 0$

(j) $\operatorname{sen} 7x + \cos 3x = \cos 5x - \operatorname{sen} x$

SOLUÇÕES DAS INDICADAS:

(a) $2 - 2 \cos x = \operatorname{sen} x \cdot \tan x$

$$2 - 2 \cos x = \operatorname{sen} x \cdot \frac{\operatorname{sen} x}{\cos x}$$

$$2(1 - \cos x) = \frac{\operatorname{sen}^2 x}{\cos x} \quad \times \cos x$$

$$2(1 - \cos x) \cdot \cos x = \sin^2 x$$

$$2\cos x - 2\cos^2 x = \sin^2 x$$

$$\begin{aligned} \sin^2 x + \cos^2 x &= 1 \\ \sin^2 x &= 1 - \cos^2 x \end{aligned}$$

$$2\cos x - 2\cos^2 x = 1 - \cos^2 x$$

$$2\cos x - 2\cos^2 x + \cos^2 x - 1 = 0$$

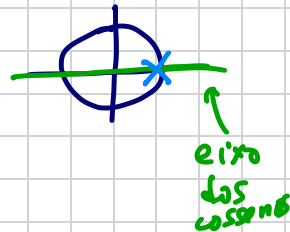
$$-\cos^2 x + 2\cos x - 1 = 0$$

$$(x-1)$$

$$\cos^2 x - 2\cos x + 1 = 0$$

$$\cos x = \frac{+2 \pm \sqrt{4-4}}{2 \cdot 1}$$

$$\cos x = \frac{2 \pm 0}{2} \Rightarrow \cos x = 1$$



$$\Leftrightarrow x = 2k\pi, \forall k \in \mathbb{Z}.$$

$$S = \{ 2k\pi : k \in \mathbb{Z} \}.$$

$$(b) 2\sin^2 x + 6\cos x = 5 + \cos 2x$$



$$\cos 2x = \cos^2 x - \sin^2 x$$

Fórmula do arco duplo.

$$2\sin^2 x + 6\cos x = 5 + \cos^2 x - \sin^2 x$$

$$2 \sin^2 x + 6 \cos x - 5 - \cos^2 x + \sin^2 x = 0$$

$$3 \sin^2 x + 6 \cos x - 5 - \cos^2 x = 0$$

$$\begin{cases} \sin^2 x + \cos^2 x = 1 \\ \sin^2 x = 1 - \cos^2 x \end{cases}$$

$$3 \cdot (1 - \cos^2 x) + 6 \cos x - 5 - \cos^2 x = 0$$

$$3 - 3 \cos^2 x + 6 \cos x - 5 - \cos^2 x = 0$$

$$-4 \cos^2 x + 6 \cos x - 2 = 0 \quad [\div (-2)]$$

$$2 \cos^2 x - 3 \cos x + 1 = 0$$

[ÉQUATION DE 2^o GRAD
NA VARIABLE $\cos x$]

$$\cos x = \frac{+3 \pm \sqrt{9-8}}{2 \cdot 2} = \frac{3 \pm 1}{4}$$

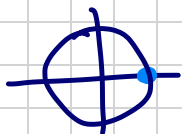
$$\cos x = \frac{3+1}{4} \Rightarrow \boxed{\cos x = 1}$$

ou

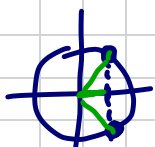
ou

$$\cos x = \frac{3-1}{4} \Rightarrow \boxed{\cos x = \frac{1}{2}}$$

• $\cos x = 1: \Leftrightarrow x = 2k\pi, \forall k \in \mathbb{Z}.$



• $\cos x = \frac{1}{2} \Leftrightarrow x \in 1^{\circ}g \text{ ou } x \in 4^{\circ}g.$



109: $x = \frac{\pi}{3} + 2k\pi, \forall k \in \mathbb{Z}.$

409: $x = 2\pi - \frac{\pi}{3} + 2k\pi$

$x = \frac{5\pi}{3} + 2k\pi, \forall k \in \mathbb{Z}$

Soluções:

$S = \left\{ 2k\pi \text{ ou } \frac{\pi}{3} + 2k\pi \text{ ou } \frac{5\pi}{3} + 2k\pi, \forall k \in \mathbb{Z} \right\}.$

(c) $(1 - \tan x) \cdot (1 + \sin 2x) = 1 + \tan x$

↳ FÓRMULA DE ARCO DUPLA:

$\sin 2x = 2 \cdot \sin x \cdot \cos x$

$(1 - \tan x) (1 + 2 \cdot \sin x \cdot \cos x) = 1 + \tan x$

$$1 + 2 \sin x \cdot \cos x - \tan x - 2 \cdot \sin x \cdot \cos x \cdot \tan x = 1 + \tan x$$

$$2 \sin x \cdot \cos x - \tan x - 2 \cdot \sin x \cdot \cos x \cdot \frac{\sin x}{\cos x} - \tan x = 0$$

$$2 \sin x \cdot \cos x - 2 \tan x - 2 \sin^2 x = 0 \quad (\div 2)$$

$$\sin x \cdot \cos x - \tan x - \sin^2 x = 0$$

$$\sin x \cdot \cos x - \frac{\sin x}{\cos x} - \sin^2 x = 0$$

$$\sin x \left(\cos x - \frac{1}{\cos x} - \sin x \right) = 0 \quad \Leftrightarrow$$

$$\bullet \sin x = 0$$

ou

$$\bullet \cos x - \frac{1}{\cos x} - \sin x = 0$$

$$\bullet \sin x = 0 \quad \Leftrightarrow \quad x = k\pi ; \quad \forall k \in \mathbb{Z}$$



$$\bullet \cos x - \frac{1}{\cos x} - \sin x = 0 \quad x \in (\cos x)$$

$$\Leftrightarrow \cos^2 x - 1 - \sin x \cdot \cos x = 0$$

$$\sin^2 x + \cos^2 x = 1.$$

$$\cos^2 x = 1 - \sin^2 x$$

$$\Leftrightarrow \cancel{1} - \sin^2 x - \cancel{1} - \sin x \cdot \cos x = 0$$

$$\Leftrightarrow -\sin^2 x - \sin x \cdot \cos x = 0 \quad x(-1)$$

$$\sin^2 x + \sin x \cdot \cos x = 0$$

$$\sin x (\sin x + \cos x) = 0$$



$$\Leftrightarrow \begin{cases} \sin x = 0 \Rightarrow x = k\pi ; k \in \mathbb{Z} \\ \sin x + \cos x = 0 \end{cases}$$



$$\sin x + \cos x = 0$$

$$\sin x + \sin\left(\frac{\pi}{2} - x\right) = 0 \quad (\Rightarrow)$$

$$\sin p + \sin q = 2 \cdot \sin \frac{p+q}{2} \cdot \cos \frac{p-q}{2}$$

$$\Leftrightarrow 2 \cdot \sin\left(\frac{\cancel{x} + \frac{\pi}{2} - \cancel{x}}{2}\right) \cdot \cos \frac{x - (\frac{\pi}{2} - x)}{2} = 0$$

$$\Leftrightarrow 2 \cdot \sin \frac{\pi}{4} \cdot \cos\left(\frac{2x - \frac{\pi}{2}}{2}\right) = 0$$

$$\cancel{x} \cdot \frac{\sqrt{2}}{\cancel{x}} \cdot \cos\left(x - \frac{\pi}{4}\right) = 0$$

$$\sqrt{2} \cos\left(x - \frac{\pi}{4}\right) = 0 \Leftrightarrow$$

$$\cos\left(x - \frac{\pi}{4}\right) = 0$$



$$\Leftrightarrow x - \frac{\pi}{4} = k\pi + \frac{\pi}{2}, \quad \forall k \in \mathbb{Z}$$

$$\Leftrightarrow x = \frac{\pi}{4} + k\pi + \frac{\pi}{2}, \quad \forall k \in \mathbb{Z}$$

$$\Leftrightarrow \boxed{x = \frac{3\pi}{4} + k\pi, \quad \forall k \in \mathbb{Z}.}$$

Solução: $S = \left\{ k\pi \text{ ou } \frac{3\pi}{4} + k\pi, \quad \forall k \in \mathbb{Z} \right\}.$

$$1f) \sqrt{3} \cdot \operatorname{sen} x - \cos x = -\sqrt{3}$$

$$\sqrt{3} \operatorname{sen} x + \sqrt{3} = \cos x$$

$$\sqrt{3} (\operatorname{sen} x + 1) = \cos x$$

Elevando ao quadrado, vem:

$$[\sqrt{3} \cdot (\operatorname{sen} x + 1)]^2 = \cos^2 x$$

$$3 \cdot (\operatorname{sen}^2 x + 2\operatorname{sen} x + 1) = \cos^2 x$$

$$3\operatorname{sen}^2 x + 6\operatorname{sen} x + 3 = 1 - \operatorname{sen}^2 x$$

$$\begin{aligned} \operatorname{sen}^2 x + \cos^2 x &= 1 \\ \cos^2 x &= 1 - \operatorname{sen}^2 x \end{aligned}$$

$$3 \sin^2 x + 6 \sin x + 3 - 1 + \sin^2 x = 0$$

$$4 \sin^2 x + 6 \sin x + 2 = 0 \quad (\div 2)$$

$$2 \sin^2 x + 3 \sin x + 1 = 0$$

$$\sin x = \frac{-3 \pm \sqrt{9-8}}{2 \cdot 2} \quad \begin{matrix} \nearrow \sin x = \frac{-3+1}{4} = -\frac{1}{2} \\ \searrow \sin x = \frac{-3-1}{4} = -1 \end{matrix}$$

$$\bullet \sin x = -\frac{1}{2} : (1^{\circ}q: \frac{\pi}{6})$$



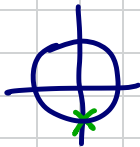
$$\rightarrow x \in 3^{\circ}q \text{ ou } x \in 4^{\circ}q.$$

$$3^{\circ}q: x = \pi + \frac{\pi}{6} + 2k\pi, \quad \forall k \in \mathbb{Z}.$$

$$4^{\circ}q: x = 2\pi - \frac{\pi}{6} + 2k\pi, \quad \forall k \in \mathbb{Z}$$

$$x = \frac{7\pi}{6} + 2k\pi \text{ ou } x = \frac{11\pi}{6} + 2k\pi, \quad \forall k \in \mathbb{Z}.$$

$$\bullet \sin x = -1: \Leftrightarrow x = \frac{3\pi}{2} + 2k\pi, \quad \forall k \in \mathbb{Z}.$$



$$\underline{\underline{\text{Soluções:}}} \quad \left\{ \frac{7\pi}{6} + 2k\pi \text{ ou } \frac{11\pi}{6} + 2k\pi \text{ ou } \frac{3\pi}{2} + 2k\pi, \quad \forall k \in \mathbb{Z} \right\}.$$

$$(b) \sin 7x + \sin 5x = 0$$

$$\sin p + \sin q = 2 \cdot \sin \left(\frac{p+q}{2} \right) \cdot \cos \left(\frac{p-q}{2} \right)$$

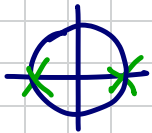
$$2 \cdot \sin \left(\frac{7x+5x}{2} \right) \cdot \cos \left(\frac{7x-5x}{2} \right) = 0$$

$$\begin{aligned} p &= 7x \\ q &= 5x \end{aligned}$$

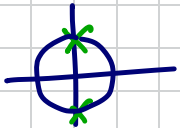
$$2 \cdot \sin 6x \cdot \cos x = 0$$

$$\sin 6x = 0 \quad \text{ou} \quad \cos x = 0$$

$$\sin 6x = 0 \Leftrightarrow 6x = k\pi \Leftrightarrow x = \frac{k\pi}{6}, \quad \forall k \in \mathbb{Z}.$$



$$\cos x = 0 \Leftrightarrow x = \frac{\pi}{2} + k\pi, \quad \forall k \in \mathbb{Z}.$$



$$S = \left\{ k \cdot \frac{\pi}{6} \text{ ou } \frac{\pi}{2} + k\pi, \quad \forall k \in \mathbb{Z} \right\}$$



$$(j) \sin 7x + \cos 3x = \cos 5x - \sin x$$

$$\sin 7x + \sin x = \cos 5x - \cos 3x$$

$$\bullet \sin p + \sin q = 2 \cdot \sin\left(\frac{p+q}{2}\right) \cdot \cos\left(\frac{p-q}{2}\right)$$

$$\bullet \cos p - \cos q = -2 \cdot \sin\left(\frac{p+q}{2}\right) \cdot \sin\left(\frac{p-q}{2}\right)$$

$$2 \cdot \sin\left(\frac{7x+x}{2}\right) \cdot \cos\left(\frac{7x-x}{2}\right) = -2 \cdot \sin\left(\frac{7x+x}{2}\right) \cdot \sin\left(\frac{7x-x}{2}\right)$$

$$2 \cdot \sin 4x \cdot \cos 3x = -2 \cdot \sin 4x \cdot \sin 3x \quad (\div 2)$$

$$\sin 4x \cdot \cos 3x = -\sin 4x \cdot \sin 3x$$

$$\sin 4x \cdot \cos 3x + \sin 4x \cdot \sin 3x = 0$$

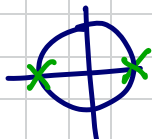
$$\sin 4x \cdot (\cos 3x + \sin 3x) = 0 \quad (\Leftrightarrow)$$

$$\boxed{\sin 4x = 0}$$

ou

$$\boxed{\cos 3x + \sin 3x = 0}$$

$$\bullet \sin 4x = 0 \Leftrightarrow 4x = k\pi \Leftrightarrow x = k \cdot \frac{\pi}{4}, \forall k \in \mathbb{Z}.$$



$$\cos \alpha = \sin \left(\frac{\pi}{2} - \alpha \right) \quad \text{AL-OS COMPLEMENTARY.}$$

$$\bullet \cos 3x + \sin 3x = 0 \Leftrightarrow$$

$$\sin \left(\frac{\pi}{2} - 3x \right) + \sin 3x = 0$$

$$\sin p + \sin q =$$

$$= 2 \cdot \sin \frac{p+q}{2} \cdot \cos \frac{p-q}{2}$$

$$\Leftrightarrow 2 \cdot \sin \left(\frac{\frac{\pi}{2} - 3x + 3x}{2} \right) \cdot \cos \left(\frac{\frac{\pi}{2} - 3x - 3x}{2} \right) = 0$$

$$\Leftrightarrow 2 \cdot \sin \frac{\pi}{4} \cdot \cos \left(\frac{\pi}{6} - 3x \right) = 0$$

$$\Leftrightarrow 2 \cdot \frac{\sqrt{2}}{2} \cdot \cos \left(\frac{\pi}{6} - 3x \right) = 0 \Leftrightarrow \cos \left(\frac{\pi}{6} - 3x \right) = 0$$



$$\Leftrightarrow \frac{\pi}{6} - 3x = \frac{\pi}{2} + k\pi$$

$$\Leftrightarrow -3x = \frac{\pi}{2} - \frac{\pi}{6} + k\pi$$

$$\Leftrightarrow -3x = \frac{\pi}{3} + k\pi$$

$$\Leftrightarrow \boxed{x = -\frac{\pi}{9} - k\frac{\pi}{3}}, \quad \forall k \in \mathbb{Z}.$$

Soluções: $S = \left\{ \frac{k\pi}{4} \text{ ou } -\frac{\pi}{9} - k\frac{\pi}{3}, \forall k \in \mathbb{Z} \right\}.$

Fim da
matéria.

RESOLUÇÃO DE EXERCÍCIOS DA LISTA 05

2. Determine o valor principal de:

(a) $\arcsen \frac{1}{2}$

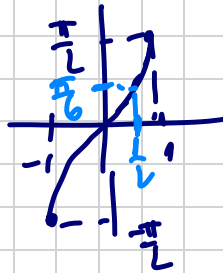
(b) $\arctan(-1)$

(c) $\operatorname{arccot} \sqrt{3}$

(d) $\operatorname{arcsec} 2$

Valor principal: para a função trigonométrica inversa está definida em um domínio, restrito (não há gradientes)

$$(a) \operatorname{arcsen} \frac{1}{2} = y \Leftrightarrow \operatorname{sen} y = \frac{1}{2} \Leftrightarrow y = \frac{\pi}{6}.$$



$$(c) \operatorname{arccot} \sqrt{3} = y \Leftrightarrow \cot y = \sqrt{3}$$

$$\Downarrow$$

$$\frac{1}{\tan y} = \sqrt{3}$$

$$\Downarrow$$

$$\tan y = \frac{1}{\sqrt{3}} \cdot \frac{\sqrt{3}}{\sqrt{3}} = \frac{\sqrt{3}}{3}$$

$$y = \frac{\pi}{6}.$$

Resp.: $\arccot \sqrt{3} = \frac{\pi}{6}$ (pois $\cot \frac{\pi}{6} = \sqrt{3}$)

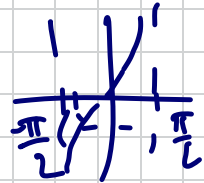
(b) $\arctan(-1) = y$



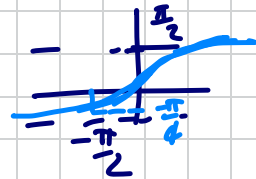
$$\tan y = -1.$$



$$y = -\frac{\pi}{4}.$$



$$\arctan: \mathbb{R} \rightarrow \left(-\frac{\pi}{2}, \frac{\pi}{2}\right)$$



3. Calcule:

(a) $\sin\left(\arcsin\left(-\frac{1}{2}\right)\right)$

(b) $\cos\left(\arcsin\frac{3}{4}\right)$

(c) $\tan\left(\arcsin\left(-\frac{2}{3}\right) + \arcsin\frac{1}{4}\right)$

(d) $\sin(\arctan 2 + \arctan 3)$

(a) seno e arco-seno são inversos um do outro.

$$\sin\left(\arcsin\left(-\frac{1}{2}\right)\right) = -\frac{1}{2}.$$

$$(b) \cos(\arcsen \frac{3}{4}) = ?$$

$$\arcsen \frac{3}{4} = \theta. \quad \cos \theta = ?$$



$$\sen \theta = \frac{3}{4} \quad ; \quad \text{e como } (1^{\text{eq}})$$

$$\sen^2 \theta + \cos^2 \theta = 1.$$

$$\Rightarrow \underbrace{\cos \theta} = \sqrt{1 - \sen^2 \theta} = \sqrt{1 - (\frac{3}{4})^2}$$

$$= \sqrt{1 - \frac{9}{16}} = \sqrt{\frac{16-9}{16}} = \underbrace{\frac{\sqrt{7}}{4}}.$$

conclusão:

$$\cos(\arcsen \frac{3}{4}) = \cos \theta = \frac{\sqrt{7}}{4}.$$

$$(c) \tan(\arcsen(-\frac{2}{3}) + \arcsen(\frac{1}{4}))$$

$$\text{Escreva } \arcsen(-\frac{2}{3}) = \alpha \quad \text{e}$$

$$\arcsen(\frac{1}{4}) = \beta$$

$$\text{Então, } \sen \alpha = -\frac{2}{3} \quad \text{e } \sen \beta = \frac{1}{4} \quad ;$$

Logo, $\alpha \in 4^{\circ}9$ e $\beta \in 1^{\circ}9$.



o que queremos calcular é:

$$\tan\left(\underbrace{\arcsin\left(-\frac{2}{3}\right)}_{\alpha} + \underbrace{\arcsin\frac{1}{4}}_{\beta}\right) = \tan(\alpha + \beta) =$$
$$= \frac{\tan\alpha + \tan\beta}{1 - \tan\alpha \cdot \tan\beta} \quad \Rightarrow$$

Como $\sin\alpha = -\frac{2}{3}$ e $\alpha \in 4^{\circ}9$, temos:

$$\cos^2\alpha = 1 - \sin^2\alpha$$

$$\Rightarrow \underbrace{\cos\alpha}_{\alpha \in 4^{\circ}9} = + \sqrt{1 - \sin^2\alpha} = \sqrt{1 - \left(-\frac{2}{3}\right)^2}$$

$$= \sqrt{1 - \frac{4}{9}} = \sqrt{\frac{5}{9}} = \frac{\sqrt{5}}{3}$$

$$\Rightarrow \underbrace{\tan\alpha} = \frac{\sin\alpha}{\cos\alpha} = \frac{\frac{-2}{3}}{\frac{\sqrt{5}}{3}} = \underbrace{-\frac{2}{\sqrt{5}}}$$

2 como $\sin \beta = \frac{1}{4}$; $\beta \in 1^{\circ}9$; temos:

$$\cos \beta = \sqrt{1 - \sin^2 \beta} = \sqrt{1 - \left(\frac{1}{4}\right)^2} = \sqrt{1 - \frac{1}{16}}$$
$$= \frac{\sqrt{15}}{4}$$

Analogamente, $\tan \beta = \frac{\sin \beta}{\cos \beta} = \frac{\frac{1}{4}}{\frac{\sqrt{15}}{4}} = \frac{1}{\sqrt{15}}$

Portanto:

$$\Rightarrow \frac{\tan \alpha + \tan \beta}{1 - \tan \alpha \cdot \tan \beta} = \frac{-\frac{2}{\sqrt{5}} + \frac{1}{\sqrt{15}}}{1 - \left(-\frac{2}{\sqrt{5}}\right) \cdot \frac{1}{\sqrt{15}}} = \dots$$

etc.
