

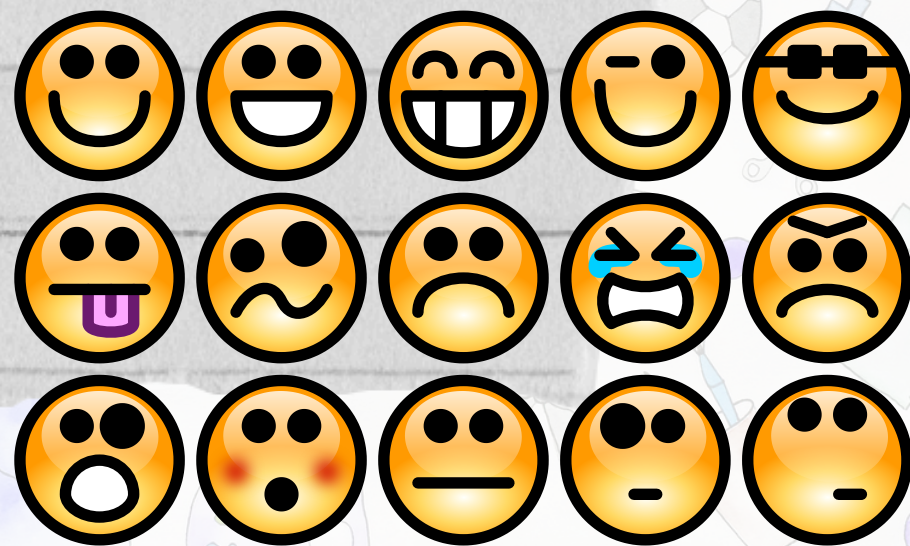
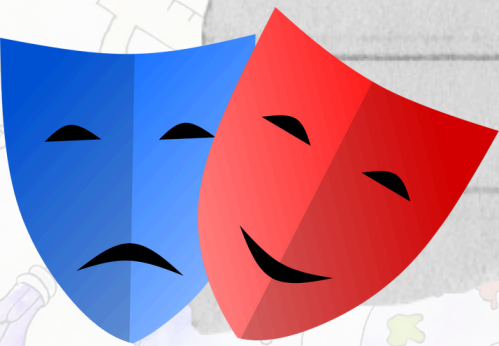


**UNIVERSIDADE FEDERAL DE PELOTAS
LABORATORIO DE PSICOLINGUISTICA,
LINGUAS MINORITARIAS E MULTILINGUISMO**



LAPLIMM

MY EMOTIONS AND LANGUAGES



NAME:




MY LANGUAGES:

WE EXPERIENCE MANY EMOTIONS THAT ARE PART OF OUR LIVES AND INFLUENCE HOW WE FEEL AND REACT TO DIFFERENT SITUATIONS IN OUR EVERYDAY LIVES. LET'S NOW REFLECT ON HOW WE FEEL IN VARIOUS SITUATIONS AND HOW THESE EMOTIONS SHOW UP IN OUR INTERACTIONS WITH OTHER PEOPLE.



- **HOW DO YOU FEEL WHEN YOU ARE PLAYING/WATCHING TV AND YOUR MOM CALLS YOU TO TAKE A BATH/SHOWER?**
- **HOW DO YOU FEEL WHEN YOU ARE WAITING FOR SOMETHING IMPORTANT, LIKE THE RESULT OF A TEST?**
- **HOW DO YOU FEEL WHEN YOU GET A GOOD GRADE ON A TEST?**
- **HOW DO YOU FEEL WHEN YOU MEET NEW PEOPLE?**
- **HOW DOES YOUR MOM CALL YOU WHEN SHE'S ANGRY?**
- **WHAT DO YOUR PARENTS SAY WHEN THEY NOTICE THAT YOU ARE SAD?**



INSTRUCTION: IN THE FOLLOWING ACTIVITY, YOU WILL ASSOCIATE THE LANGUAGES YOU USE WITH THE EMOTIONS FROM THE MOVIE *INSIDE OUT 2* AND EXPLAIN WHY YOU CHOSE EACH EMOTION TO REPRESENT THEM. YOU MAY ASSOCIATE MORE THAN ONE LANGUAGE WITH A SPECIFIC EMOTION.



HOWDY! I'M "JOY," AN EMOTION THAT APPEARS WHEN WE'RE HAPPY AND HAVING FUN, FOR EXAMPLE, WHEN YOU'RE PLAYING WITH FRIENDS OR ACHIEVE SOMETHING YOU REALLY WANTED.

THE LANGUAGE(S) I ASSOCIATE WITH "JOY":

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "JOY":



HOWDY! I'M "SADNESS," AN EMOTION THAT APPEARS WHEN THINGS AREN'T GOING WELL, FOR EXAMPLE, WHEN YOU LOSE SOMETHING IMPORTANT, MISS SOMEONE, OR FEEL LONELY.

THE LANGUAGE(S) I ASSOCIATE WITH "SADNESS":

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "SADNESS":



HOWDY! I'M "FEAR," AN EMOTION THAT APPEARS WHEN WE'RE SCARED, FOR EXAMPLE, WHEN YOU'RE AFRAID OF THE DARK, HEIGHTS, OR SOMETHING UNFAMILIAR.

THE LANGUAGE(S) I ASSOCIATE WITH "FEAR":

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "FEAR":



HOWDY! I'M "DISGUST," AN EMOTION THAT APPEARS WHEN SOMETHING IS UNPLEASANT, FOR EXAMPLE, WHEN WE SMELL SOMETHING BAD OR TASTE FOOD WE DON'T LIKE.

THE LANGUAGE(S) I ASSOCIATE WITH "DISGUST":

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "DISGUST":



HOWDY! I'M "ANGER," AN EMOTION THAT APPEARS WHEN SOMETHING IRRITATES US OR FEELS UNFAIR, FOR EXAMPLE, WHEN SOMEONE BLAMES US FOR SOMETHING WE DIDN'T DO OR WHEN SOMETHING DOESN'T GO AS PLANNED.

THE LANGUAGE(S) I ASSOCIATE WITH "ANGER":

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "ANGER":



HOWDY! I'M "ANXIETY," AN EMOTION THAT APPEARS WHEN WE'RE WORRIED OR NERVOUS, FOR EXAMPLE, WHEN YOU HAVE A DIFFICULT TEST OR NEED TO SPEAK IN FRONT OF MANY PEOPLE.

THE LANGUAGE(S) I ASSOCIATE WITH "ANXIETY":

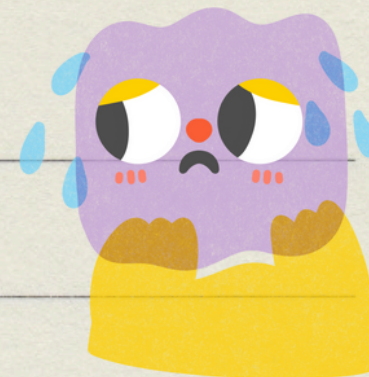
WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "ANXIETY":



HOWDY! I'M "ENVY," AN EMOTION THAT APPEARS WHEN WE WANT SOMETHING SOMEONE ELSE HAS, FOR EXAMPLE, WHEN YOU SEE SOMEONE WITH A NEW VIDEO GAME OR CLOTHES YOU WANTED.

THE LANGUAGE(S) I ASSOCIATE WITH "ENVY":

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "ENVY":



HOWDY! I'M "EMBARRASSMENT," AN EMOTION THAT APPEARS WHEN WE FEEL SHAME, FOR EXAMPLE, WHEN YOU MAKE A MISTAKE IN FRONT OF OTHERS OR FALL WHILE RIDING A BIKE.

THE LANGUAGE(S) I ASSOCIATE WITH "EMBARRASSMENT":

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH "EMBARRASSMENT":



HOWDY! I'M “ENNUI” OR “BOREDOM”, AN EMOTION THAT APPEARS WHEN WE'RE UNINTERESTED OR LOW-ENERGY, FOR EXAMPLE, WHEN YOU HAVE NOTHING TO DO.

THE LANGUAGE(S) I ASSOCIATE WITH “ENNUI” OR “BOREDOM”:

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH “ENNUI” OR “BOREDOM”:



HOWDY! I'M “NOSTALGIA” AN EMOTION THAT APPEARS WHEN WE MISS GOOD TIMES FROM THE PAST, FOR EXAMPLE, WHEN YOU REMEMBER A SPECIAL BIRTHDAY PARTY OR A FUN OUTING YOU'VE HAD.

THE LANGUAGE(S) I ASSOCIATE WITH “NOSTALGIA”:

WHY I ASSOCIATE THIS/THESE LANGUAGE(S) WITH “NOSTALGIA”: